



## SOFLO Group Required Equipment List

As of August 2012

Age Group				Senior Group			
Dippers	Meteorites	Asteroids	Bronze	Silver	Gold	National	Senior Development
Kickboard	Kickboard	Kickboard	Kickboard	Kickboard	Kickboard	Kickboard	Kickboard
Fins	Fins	Fins	Fins	Fins	Fins	Fins	Fins
Goggles	Goggles	Goggles	Goggles	Goggles	Goggles	Goggles	Goggles
Cap	Cap	Cap	Cap	Cap	Cap	Cap	Cap
Running Shoes	Running Shoes	Running Shoes	Running Shoes	Running Shoes	Running Shoes	Running Shoes	Running Shoes
Dryland Clothing	Dryland Clothing	Dryland Clothing	Dryland Clothing	Dryland Clothing	Dryland Clothing	Dryland Clothing	Dryland Clothing
	Pull Buoy	Pull Buoy	Pull Buoy	Pull Buoy	Pull Buoy	Pull Buoy	Pull Buoy
	Paddles	Paddles	Paddles	Paddles	Paddles	Paddles	Paddles
	Tubing	Tubing	Tubing	Tubing	Tubing	Tubing	
	Yoga Mat	Yoga Mat	Yoga Mat (optional)				
		Snorkel	Snorkel	Snorkel	Snorkel	Snorkel	Snorkel
			Leg Straps	Leg Straps	Leg Straps	Leg Straps	
			Drag Suit	Drag Suit	Drag Suit	Drag Suit	
		Jump Rope	Parachute (optional)	Parachute	Parachute		