

2011 Fall - 2012 Spring Practice Schedule

		Mon	Tue	Wed	Thu	Fri	Sat
<u>Nat</u> Coach Chris	AM	5:00 - 6:30	Off	5:00 - 6:30	Off	5:00 - 6:30	7:00-9:00
	PM	3:30 - 6:00	3:30 - 6:00	3:30 - 6:00	3:30 - 6:00	3:30 - 6:00	
<u>Gold</u> Coach Chris G	AM	5:00 - 6:30	Off	5:00 - 6:30	Off	5:00 - 6:30	7:00-9:00
	PM	4:30 - 7:00	4:30 - 7:00	4:30 - 7:00	4:30 - 7:00	4:30 - 7:00	
<u>Silver</u> Coach Josh	AM	5:00 - 6:30	Off	5:00 - 6:30	Off	5:00 - 6:30	7:00-9:00
	PM	5:00 - 7:30	5:00 - 7:30	5:00 - 7:30	5:00 - 7:30	5:00 - 7:30	
<u>Sr. Develop</u> George/Rose	AM	Off	Off	Off	Off	Off	6:30-8:30
	PM	6:30-8:30	6:30-8:30	6:30-8:30	6:30-8:30	6:30-8:30	
<u>Bronze</u> Coach Rose	AM	Off	Off	Off	Off	Off	6:30-8:30
	PM	5:00 - 7:30	5:00 - 7:30	5:00 - 7:30	5:00 - 7:30	5:00 - 7:30	
<u>Asteroids</u> Coach Luis	AM	Off	Off	Off	Off	Off	9:00-11:00
	PM	5:15 - 7:30	5:15 - 7:30	5:15 - 7:30	5:15 - 7:30	5:15 - 7:30	
<u>Meteorites</u> B-luis,A-Georg	MA	5pm - 7:15	5pm - 7:15	5pm - 7:15	5pm - 7:15	5pm - 7:15	9:00-11:00am
	MB	4pm - 6:15	4pm - 6:15	4pm - 6:15	4pm - 6:15	4pm - 6:15	9:00-11:00am
<u>Dippers</u> George/Rose	AM	Off	Off	Off	Off	Off	Off
	PM	4:00 - 5:00	4:00 - 5:00	4:00 - 5:00	4:00 - 5:00	4:00 - 5:00	
<u>Masters</u> Coach	AM	5:00 - 6:30	5:00 - 6:30	5:00 - 6:30	5:00 - 6:30	5:00 - 6:30	
		9:30-11:00		9:30-11:00		9:30-11:00	
	PM	7:30 - 8:30	7:30 - 8:30	7:30 - 8:30	7:30 - 8:30	7:30 - 8:30	

Note: Saturday practices are tentative due to meet schedules & Coaches' discretion