



January 2010 *Comets Swim Team*



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>*** As of January 18th Practice for Nat, Gol, Met, Ast & SD will be at <u>Pembroke Falls Dip, Bro & Sil</u> they will Practice at <u>Central Charter Middle School</u></p>	<p>*** <u>Pembroke Falls</u> NAT& Gold 4-6pm Met 4-6pm Ast 5-7:30pm SD 6:15-8:30pm</p>	<p>*** <u>Charter Middle:</u> Dip 4:30-5:30pm Bro 5:30-7:30pm Sil 5:30-7:30pm Studio4: Mo-We-Fr 5am-6:30am</p>	<p><u>Saturday Practices:</u> Met & Ast: Off Bro:6:00-7:30am @ Pembroke Falls Seniors (incl Sil): 7am@PembrokeFalls</p>	<p>Charter Middle 12350 Sheridan Street Pembroke Pines, FL 33026 Pembroke Falls 1361 NW 129th Ave Pembroke Pines, FL 33028</p>	<p>1  All Groups: No Practice NY: 2-4pm</p>	<p>2 Practice: Seniors OFF Age Group: Regular Saturday AM</p>
3	4 Back to school Regular practice	5	6	7	8	9 Mandatory General Parents' Meeting 10am (hosted by Booster Club) Also 15min Parents Team Meeting
10	11	12	13	14	15 Early release	16 Seniors only at Pembroke Falls 7-9am
17	18 *** No school Practice: Seniors 7-9am Age Group: Regular PM 	19 *** No School Practice: Seniors 7-9am Age Group: Regular PM	20 ***	21 ***	22 ***	23 *** Sizzler @ SUN
24 31 Open Invite @ CSSC	25 ***	26 ***	27 ***	28 ***	29 *** Open Invite @ CSSC	30 *** Open Invite @ CSSC