

**Florida Gold Coast  
Broward Sub-JO Meet  
Comets Swim Team  
May 1-3, 2009**

**Sanctioned by:** Florida Gold Coast LSC of USA Swimming - Sanction # 050209-BC5

**Sponsored by:** Comets Swim Team and Comets Swim Team Booster Club

**Date & Time:** **Friday, May 1, 2009**  
**Session I**-Warm up: 5:00 p.m. Meet starts at 6:00 p.m.  
There will be a 5 minute break before events 5-6 (Open 1500 Free)

**Saturday, May 2, 2009**  
**Session II**-12 & under Warm up: 7:00 a.m. Meet starts at 8:30 a.m.  
**Session III**-13 & over Warm up: 12:30 p.m. Meet starts at 2:00 p.m.

**Sunday, May 3, 2009**  
**Session IV**-12 & under Warm up: 7:00a.m. Meet starts at 8:30 a.m.  
**Session V**-13 & over Warm up: 12:30 p.m. Meet starts at 2:00 p.m.

**\*\*Meet director reserves the right to change warm-up and meet start times.**

**Location:** Academic Village Swimming Pool  
17191 Sheridan Street, Pembroke Pines, FL 33029

**Eligibility:** Open to all 2009 USA Swimming registered Broward County swimmers who have **not** achieved Junior Olympic (J.O.) times.

**Disability:** All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations. Call 954-538-3721 or email: [info@swim4comets.com](mailto:info@swim4comets.com)

**Entry Deadline:** All entries must be received by Wednesday, April 22, 2009 PLEASE enter electronically. NO MAILED entries accepted. For electronic entries (CL or SDIF format only!): email entries to: **[info@swim4comets.com](mailto:info@swim4comets.com)** Confirmation of electronic entries will be sent via email. \*\*Submission of electronic entries signifies that all swimmers are USA registered. For faxed entries send to (954) 392-4109. Please call the swim office at (954) 538-3721 to confirm faxed entries.

**Pool/Timing:** 50-meter by 25 yard heated outdoor pool. Seven (7) long-course racing lanes with separate warm up and swim down lane available.

The competition course has not been certified in accordance with 104.2.2 (C). Colorado Time System® will be used. All events are timed finals.

- Seeding:** Morning and Afternoon sessions will be **Super Seeded**.
- Entry Fees:** Surcharge \$4.00 per swimmer, \$2.50 (IE) and \$5.00 per relay. Make checks payable to “Comets Swim Team” (One check per team)
- Entry Limit:** Swimmers may swim a maximum of 2(two) events on Friday and 3(three) events per day on Saturday and Sunday.
- Awards:** Individual Events (12 and under): ribbons 1st-7th.  
Relays Events (12 and under): ribbons 1<sup>st</sup>-3rd
- Deck Entries:** Any coach using the FGC Deck Entry Policy **must** bring their swimmer’s USA Swimming card to the meet in order to be entered. Deck entries permitted into open lanes only on a first-come-first-serve basis as stated in the FGC deck entry rule. (www.fgcswim.org). Deadline for deck entries is 15 min. before start of meet. All deck entries will be charged \$5.00 entry fee.
- Distance Events:** Open 1500 Free, Open 400 Free and Open 400 IM will be swum alternating women then men, fastest to slowest. All distance events are positive check in.
- Head Referee:**
- Admission:** Admission - \$2.00 per session. Heat Sheets - \$2.00 per session.
- Parking:** Free parking is located in Academic Village. Enter from 172<sup>nd</sup> Avenue, and park at the West end of the swimming pool.
- Directions:**  
**Coming from the North:**  
Take I-595 West to I-75 South. Take the Sheridan Street WEST Exit 6B. Drive about 1 mile, and make a right at 172<sup>nd</sup> Ave. Academic Village is on the RIGHT hand side.  
**Coming from the South:**  
Take SR-826 to I-75 North. Take the Sheridan Street WEST Exit 6B. Drive about 1 mile, and make a right at 172<sup>nd</sup> Ave. Academic Village is on the RIGHT hand side.
- Information:** Call the Comets Swim Office at (954) 538-3721 or e-mail: info@swim4comets.com

## Order of Events

Girls-Odd / Boys-Even

### Session I: Friday –May 1@ 6:00 PM (warm-up 5 pm)

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
1-2	12 & Under	100 Breast
3-4	12 & Under	100 Fly
*5-6	Open	1500 Free

### Session II: Saturday –May 2 @ 8:30 AM (warm-up 7 am)

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
7-8	12 & Under	200 Free
9-10	12 & Under	50 Fly
11-12	12 & Under	100 Back
13-14	12 & Under	50 Free
15	12 & Under <b>Mixed</b>	200 Free Relay

### Session III: Saturday – May 2 @ 2:00 PM (warm-up 12:30 pm)

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
16	Open <b>Mixed</b>	200 Free Relay
17-18	Open	200 Breast
19-20	Open	100 Free
21-22	Open	200 Fly
23-24	Open	100 Back
25-26	Open	200 IM
*27-28	Open	400 Free

\* Positive check-in event and swum fastest to slowest alternating women and men.

### Session IV: Sunday – May 3 @ 8:30 AM (warm-up 7 am)

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
29-30	12 & Under	100 Free
31-32	12 & Under	50 Back
33-34	12 & Under	50 Breast
35-36	12 & Under	200 IM
37	12 & Under <b>Mixed</b>	200 Medley Relay

### Session V: Sunday – May 3 @ 2:00 PM (warm-up 12:30 pm)

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
38	Open <b>Mixed</b>	200 Medley Relay
39-40	Open	200 Free
41-42	Open	100 Breast
43-44	Open	100 Fly
45-46	Open	50 Free
47-48	Open	200 Back
*49-50	Open	400 IM

\* Positive check-in event and swum fastest to slowest alternating women and men.

**FINANCIAL RECAP FORM**

**2009 Broward Sub-JO Meet**

Comets Swim Team at City of Pembroke Pines, Florida

May 1-3, 2009

TEAM: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, ZIP: \_\_\_\_\_

COACHES: \_\_\_\_\_

PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

**ENTRY FEES:**

# of girls entered (IE) \_\_\_\_\_ x \$2.50 = \$ \_\_\_\_\_

# of boys entered (IE) \_\_\_\_\_ x \$2.50 = \$ \_\_\_\_\_

# of relays entered \_\_\_\_\_ x \$5.00 = \$ \_\_\_\_\_

Total entry fees: \$ \_\_\_\_\_

**SURCHARGE:**

# of swimmers \_\_\_\_\_ x \$4.00 = \$ \_\_\_\_\_

**Grand Total** (entry fees + surcharge) \$ \_\_\_\_\_

**PLEASE MAKE CHECKS PAYABLE TO:**

**“Comets Swim Team”**