



Broward County Sub-JO-Meet
CORAL SPRINGS, September 12 - 13, 2009

- SANCTIONED BY:** USA Swimming and Florida Gold Coast Swimming.
Sanction # 091209-BC22
- SPONSORED BY:** Coral Springs Swim Club, Coral Springs Aquatic Complex
- DATE & TIME:** Saturday & Sunday, September 12 - 13, 2009.
Warm up: 8:00am. Start of meet: 9:30am
All events are timed finals. The meet director reserves the right to change the start times and set up of the sessions or use 10 lanes.
- The 400 IM and 500 Free are timed final events and will be swum 5 minutes after the completion of the morning session. Positive check in for the long distance events closes one hour prior to the start of the event.**
- POOL COURSE/
TIMING:** 8/10 lane, 25yds pool. Separate warm-up area is available during the competition. Daktronics Timing System will be used.
- ELIGIBILITY:** Open to all 2009 USA-Swimming registered Broward County swimmers, swimmers from outside the FGC and foreign teams with proper travel credentials. All swimmers must not have accomplished Junior Olympic times or better in the events they want to compete in.
“Meet Management reserves the right to adjust logistics, with the approval of the FGC Age Group Chairman, in order to run an efficient meet.”
“The competition course has been certified in accordance with 104.2.2C(4) . The copy of such certification is on file with USA Swimming”.
- ENTRY LIMIT:** 4 individual events per swimmer per day.
- ENTRY FEES:** \$2.50 per individual event.
If entries are not sent electronically, entry fees will be doubled.
Make check payable to: CSSC. One check per team please!
- FACILITY SURCHARGE:** \$4.00 per swimmer
- ENTRY DEADLINE:** All entries must be received by Friday, September 4th, 2009.
Please enter electronically!
For electronic entries e-mail to Janice Nork at:
csscswimentries@gmail.com



Confirmation for electronic entries will be sent via e-mail.

If entries are not sent electronically, entry fees will be doubled.

Mail entries to: Coral Springs Swim Club;
12441 Royal Palm Blvd., Coral Springs, FL 33065

The FGC deck entry policy is in effect. Swimmers who want to deck-see and were not entered in the meet before, must show their current USA Swimming card.

Submission of electronic entries states that all entered swimmers are currently USA Swimming registered.

AWARDS:

Individual events: ribbons 1-8;
All 13&Over events will be awarded 13-14 and 15&Over.

400 IM/500 FREE

The 400 IM Open and the 500 free 11 and Over will be swum fastest to slowest, alternating women and men. Positive check in is required for those events 1 hour before the event starts. The long distance events will be swum 5 minutes after the completion of the morning session.

MEET DIRECTOR:

Charlie Alexander

REFEREE:

TBA

ADMISSION:

\$2.00 per session. Heat sheets: \$2.00 per session.

PARKING:

Free across from the Aquatic Complex on Royal Palm Blvd.

INFORMATION:

Tina Proctor at 954-340-5032

**LOCATION/
DIRECTIONS**

Coral Springs Aquatic Complex, 12441 Royal Palm Blvd. If taking I-95, take Copans Road exit and go west approx. 10 miles. Copans turns into Royal Palm Blvd., after crossing 441. The Aquatic Complex will be on the right hand side ½ mile after crossing Coral Ridge Drive. If taking Sawgrass Expressway, exit on Sample Road east. Continue East on Sample to first light, Coral Ridge Drive. Turn Right onto Coral Ridge, continue South to next light, Royal Palm Blvd. Turn right onto Royal Palm. The Aquatic Complex will be on the right hand side (1/2 mile).



ORDER OF EVENTS

Girls odd #, Boys even #.

Saturday-Session 1		Warm up: 8:00am	Start of meet: 9:30am
Event #	Event	Age Group	
1-2	200 IM	10&under	
3-4	200 IM	11-12	
5-6	200 IM	13&Over	
7-8	50 fly	10&under	
9-10	50 Fly	11-12	
11-12	50 Fly	13&Over	
13-14	100 Free	10&under	
15-16	100 Free	11-12	
17-18	100 Free	13&Over	
19-20	50 Breast	10&under	
21-22	50 Breast	11-12	
23-24	50 Breast	13&Over	
25-26	100 Back	10&under	
27-28	100 Back	11-12	
29-30	100 Back	13&Over	

Saturday – session 2		Start of the meet: 5 minutes after morning session	
31-32	500 Free	11 & over	

Sunday –Session 3		Warm up: 8:00am	Start of meet: 9:30am
Event #	Event	Age Group	
33-34	200 Free	10&under	
35-36	200 Free	11-12	
37-38	200 Free	13&Over	
39-40	100 Fly	10&under	
41-42	100 Fly	11-12	
43-44	100 Fly	13&Over	
45-46	50 Back	10&under	
47-48	50 Back	11-12	
49-50	50 Back	13&Over	
51-52	100 Breast	10&under	
53-54	100 Breast	11-12	
55-56	100 Breast	13&Over	
57-58	50 Free	10&under	
59-60	50 Free	11-12	
61-62	50 Free	13&Over	
63-64	100 IM	10&under	
65-66	100 IM	11-12	

Sunday – Session 4		Start of the meet: 5 minutes after morning session	
67-68	400 IM	11 & over	



FINANCIAL RECAP FORM

Broward County Sub JO- Meet
CORAL SPRINGS, September 12 - 13, 2009

TEAM: _____

ADDRESS: _____

CITY, ZIP: _____

COACH(ES): _____

PHONE: _____

ENTRY FEES:

of individual girls' events entered _____ x \$2.50 = \$_____

of individual boys' events entered _____ x \$2.50 = \$_____

Total entry fees: _____ \$_____

SURCHARGE:

of swimmers _____ x \$4.00 = \$_____

Grand Total (entry fees + surcharge): _____ \$_____

Please make checks payable to: Coral Springs Swim Club