

BROWARD SOUTH – 8 & UNDER SIZZLER

Friday September 11, 2009

Sanctioned by: Florida Gold Coast Sanction # 091109-bs20

Sponsored By: Heritage Aquatic Team / American Heritage School

Time: Friday September 11, 2009
Warm Up 5:00pm / Meet Start 5:30pm
All events are time finals

Location: American Heritage School – Plantation
12200 W. Broward Blvd. Plantation, Fl 33325

Pool Course: 6 Lanes / 25 yard pool with separate warm up and down area
Diving well is off limits during competition

Timing: OMEGA System will be used

Eligibility: Open to all 2008 USA registered swimmers of invited teams ages 8 & Under.
The meet director reserves the right to close the meet at 120 swimmers.

Entries: Electronic Entries – Entries will be accepted via electronic mail attachment to Nobutaka Tan at coachnobi@aol.com or via mailed 1.44mb disk. Entries must be in “Zipped COMMLINK” or USA Swimming SDIF format. Free text email will not be accepted. For email and disk entries – RELAY ONLY swimmers must be pre-loaded into relays be annotated as relay only in the body of the email – List swimmer., sex, age, USS#. Event # not required. List all attending caches and contact phone numbers in the body of the e-mail. Corrupted, unreadable, or incorrectly formatted file must be corrected within 24 hours or entry deadline. Errors in entries submitted electronically are the responsibility of the applicant. Electric mail confirmation will be sent within 48 hours after receipt of file. Any entry fees must be paid before the start of the first event.

ANY ENTRIES NOT SUBMITTED ELECTRONICALLY WILL BECHARGED AT DOUBLE THE STATED ENTRY FEE.

Note: Swimmers without proper USA registration numbers will not be entered.

THE FGC DECK SEED POLICY WILL BE IN EFFECT.

Policy can be seen at www.fgcswim.org

- Seeding: Enter in 25 yards times only
- Entry Limit: 4 Individual events per swimmer, plus relays
- Deadline: All entries must be received by Friday September 4, 2009
E-mail entries to: coachnobi@aol.com
Disks & checks to: Nobutaka Tan
PO Box 551082
Fort Lauderdale, FL 33355
- Entry Fees: \$9.00 flat fee per swimmer, which includes a facility surcharge.
Make checks payable to: Heritage Aquatic Team
One check per team
- Awards: Individual and Relays: Medals 1st – 3rd
Individual: Ribbons 4th – 8th
- Admission: \$3.00 Includes Heat Sheet (\$1.00 Admission, \$2.00 Heat Sheet)
- Parking: Parking is available at West parking lot at American Heritage School. Additional space is also available.
- Information: 954-472-0022 Ext-3203 or e-mail coachnobi@aol.com
- Referee: TBA

Note

ORDER OF EVENTS

Girls odd # / Boys even #

Friday September 11, 2009

Warm Up 5:00pm / Meet Start 5:30pm

<u>Event#</u>	<u>Event</u>	<u>Age</u>
1-2	25Fly	6 & Under
3-4	25 Fly	7 - 8
5-6	25 Back	6 & Under
7-8	25 Back	7 - 8
9-10	25 Breast	6 & Under
11-12	25 Breast	7 - 8
13-14	25 Free	6 & Under
15-16	25 Free	7 - 8
17-18	100 Free Relay	8 & Under

BROWARD SOUTH 8 & UNDER SIZZLER
Heritage Aquatic Team
Friday, September 11, 2009

TEAM: _____

ADDRESS: _____

CITY, ZIP: _____

COACH(ES): _____

PHONE: _____

ENTRY FEES:

of Girls entered _____ x \$9.00 = \$

of Boys entered _____ x \$9.00 = \$

Total Entry Fees: \$ _____

Please make checks payable to: Heritage Aquatic Team Attach check to this form.

Mail to: Heritage Aquatic Team
PO Box 551082
Fort Lauderdale, Fl 33355

Please return this form along with your check.